

## SUPPLIES LIST - sacred earth bowls

- Air dry paper clay (I use Mont Marte)
- Clay moulding and sculpting tool set
- Bowls from your kitchen to use as moulds
- Plastic cling wrap
- Non Stick baking paper
- Rolling Pin/Knife
- Sandpaper
- Assorted rubber stamps and texture making tools
- Acrylic paint in earthy brown tones
- Ink – distress ink or transparent ink in earthy tones
- Silicone face mould – I also explain how you can make your own mould
- Talcum powder or cornflour for your face mould
- A few assorted brushes
- Liquitex Matte Medium
- Paper towel
- Scissors
- Copper wire – recycled old electrical wire that is aged is best – various thickness/gauges
- Lighter
- String or twine – soft cotton crochet string is best – natural colours and tones
- Beads, crystals and found objects
- Seed pods and leaves from nature
- Pliers and wire cutters – small jewellery making tools
- Tapestry needle
- Raffia or dried grass leaves